

Introduction to Jungian Sandplay Therapy



Three-day Workshop or Ten Thursday evenings for 2hrs.

Certificates are awarded on completion of the course for Continuing Professional Development

This three day non residential or ten Thursday evenings training workshop offers an overview of **Sandplay**

Therapy to date, an introduction to the use of the sand tray as container and the recommended range of miniatures such as figurines, animals, and a wide range of objects. The training is built around participant use of the Sandtray to actively experience the theoretical concepts underpinning this approach.

An introduction to the skills, models and approaches to using Sandtray work: and how it complements Art Therapy practice. By the end of the four days participants will have:

- Considered the theories

- relating to Sandplay play.
- Experienced the use of miniatures and the Sandtray as a containing space.
- Explored the symbolic nature of miniatures.
- Developed an understanding of the use of Sandplay with clients working primarily in art therapy.
- Explore how to use Sandtray work to compliment Art Therapy/Play and other Creative Therapies.

3 Day Weekend Workshop

Dates: Friday 29th June – Sunday 1st July 2012

Time: 10.00-4.00pm

Venue: Art Therapy Works
Carrickfergus Co
Antrim

Fees: £280 (students £180)

10 Thursday Evenings

Dates: Thursday 26th April for 10 weeks

Time: 7.30pm – 9.30pm

Venue: Art Therapy Works
Carrickfergus Co
Antrim

Fees: £280 (students £180)

Fees include light lunch (weekend workshop only) refreshments, handouts and recommended reading list and CPD certificates on attending the full course.

Emil jean@art-therapy-works.com to book a place or visit www.art-therapy-works.com to book a place on line.